

TOOLBOX TALK #25

DON'T DRIVE DISTRACTED

The National Safety Council (NSC) recognizes every April as Distracted Driving Awareness Month. NSC urges drivers to put their cell phone down and focus on the road ahead.

“Drivers using cell phones are 4 times more likely to crash, and hands-free phone use offers no safety benefit,” the Council says.

Be a focused driver.

What's that? NSC says a focused driver:

- Adjusts vehicle controls such as mirrors, seat, radio and air temperature before driving.
- Programs the GPS before leaving.
- Plans ahead – determines routes, directions and checks traffic conditions before departing.
- Does not multi-task behind the wheel.
- Doesn't talk on a cell phone – even hands-free – or interact with the vehicle's infotainment system.
- Doesn't reach down or behind the seat, pick up items from the floor, or clean the inside of the window while driving.
- Doesn't eat or drink while behind the wheel.

