

TOOLBOX TALK #2

COMMON ITEMS FOR YOUR FIRST AID KIT

According to OSHA, a first aid program should be reviewed periodically. Training supplies, equipment and policies should all be modified as necessary to ensure safety and health is maintained on the job, despite any changes in safety hazards, workers schedules or worksite locations.

Common first aid kits should contain the following items:

- Gauze pads (at least 4 by 4 inches)
- Two large gauze pads (at least 8 by 10 inches)
- A box of adhesive bandages
- One gauze roller bandage
- Two triangular bandages
- Wound cleaning agent
- Scissors
- At least one blanket
- Tweezers
- Adhesive tape
- Latex gloves
- Resuscitation equipment (such as resuscitation bag, or airway or pocket mask)
- Two elastic wraps
- A splint
- Directions for requesting emergency assistance

